



NARPO - SWANSEA BRANCH (98) WINTER NEWSLETTER 2025

MONTHLY COFFEE MORNING'S **PLEASE**

NOTE*

A COFFEE MORNING WILL BE HELD THIS MONTH ON THURSDAY 18th DECEMBER.

The Swansea NARPO coffee mornings take place each month at the Malthouse Bar located in the Grand Theatre Swansea.



Tea, coffee, hot chocolate, and Welsh cakes are at the expense of Swansea Narpo. Coffee mornings commence at 10.30.am until 12.30.pm.



CONFIRMED DATES FOR 2026

The Coffee mornings will take place on the 'Third Thursday of each month' in 2026.

15th January – 19th February – 19th March – 16th April – 21st May – 18th June –
16th July – 20th August – 17th September – 15th October – 19th November –
17th December has been prebooked and will be confirmed nearer the date.

A BIG thanks to Gerry Coad for all his efforts arranging the coffee mornings.



"Please come along and enjoy a chat with colleagues and friends old and new"

REMEMBRANCE DAY 2025



On the 11th of November Swansea NARPO members Gerry Coad and Phil Taylor attended the South Wales Police Remembrance Service at the Police Headquarters Bridgend.

Phil Taylor had the honour of laying the Poppy Wreath at the Cenotaph on behalf of Swansea NARPO branch.

SWANSEA NARPO GOLF DAY 2026

PLEASE KEEP A LOOK OUT FOR DETAILS OF NEXT YEARS (2026) GOLF DAY.

On Swansea NARPO Facebook and the Swansea NARPO website.

IF YOU ARE INTERESTED IN PLAYING

PLEASE CONTACT RICHIE JONES by email - richiejones0318@outlook.com

Richie can then add you to the WhatsApp group where details will also be posted.

BEST WISHES - On their Special Birthdays in the coming months.

Jacqueline Rees – Tony Breach -Gillian Llewellyn – Barrie Lewis – Dawn Mort –
Paul Stephens – Rob Walters – Janet Diane Jenkins – Jane Sheila Green – Stephen Mapp
Jerry Horgan – Karen Evans – Tony Wheeler – Janet Richards – Christine Richards –
Michael Phillips – Stephen Goodrich – Carol Burton – Stephen Gallagher –
Janice Williams – Gareth Harper – Bruce Shepherd – Wendy Borthwick –
Russ Paul – Lynne Murray – Nigel John – Patricia Harper.

NEW MEMBERS – Welcome to

Baz Manser (Ret. PC 2118) – Rob Walters (Ret. PC 2771) –
Mary Evans (Ret. Civilian 51521)

SINCERE CONDOLENCES FROM ALL AT SWANSEA NARPO

To the families who have recently lost loved ones.

Will Thomas.

Lyn Jones.

Elwyn Davies.

Debbie Thomas. (Wife of Ret. Insp. Garry Thomas)

**COMMITTEE MEETING**

A committee meeting was held on **Tuesday 4th November 2025.**

Proposal to form a new website shared by Swansea, Glamorgan and Cardiff Branches.

At the November Swansea NARPO Committee Meeting, the members reviewed a proposal by Paul Bryant the 'Cardiff NARPO Web Officer' to create a new joint website with Glamorgan and Cardiff branches.

After careful consideration, the committee decided to retain our existing Swansea NARPO Website, which has served our members for over 25 years. This ensures we maintain our branch identity, making the best use of existing resources and to continue providing a familiar valuable communications hub.

Looking Ahead

We sincerely thank Paul Bryant and our colleagues in Glamorgan and Cardiff branches for their efforts and ideas. Swansea NARPO remains on excellent terms with both branches and looks forward to continuing close cooperation, sharing information and supporting each other's activities in the spirit of friendship and unity.

If you would like any issue raised at a committee meeting, then please contact any committee member or Swansea NARPO branch secretary Phil Taylor;

Tel. 01792 842378 or email swansea@narpo.org

The next committee meeting will be held on **Tuesday 27th January 2026 at 6pm.**

CHARITY DONATION

Every year Swansea NARPO support a charity with a financial contribution. Earlier this year at a NARPO Committee Meeting, it was decided to support Project Linus. Treasurer Gerry Coad put forward a proposal that a small donation be made to the Swansea Quilters Group to help with the cost of the cotton wadding filling that is used to make quilts for Project Linus. One committee member proposed a donation of £100 be made, this proposal was seconded and passed unanimously by the committee members present.

At a recent Swansea Quilters Group monthly meeting, on behalf of Swansea NARPO, Hilary Coad presented a cheque for £100 to Mrs Jenny Bickerstaff who is the group member responsible for liaising with the 'Project Linus Charity'.

The gesture was greeted with applause by all the members present.

Project Linus is a charity named after the blanket toting character in the Charles Shultz comic strip 'Peanuts'

It is a worldwide organisation that began by providing security blankets to children receiving cancer treatment in America.

Project Linus came to the UK in March 2000.

Individual members of the Swansea Quilters Group make quilts for the project that are delivered to various hospitals, special schools and any child that needs a hug.

Originally targeting paediatric cancer patients, it's focus now covers seriously ill, abused, bereaved or traumatised children from premature babies to 19 years old. Once handed over, the quilt becomes the property of the child so there is an on-going need for new hugs (quilts).

The fabric used to create the face and backing of these quilts is freely supplied by the group members who make the quilts, but the cost of the required 100% cotton wadding filling is provided from group funds.



Our member Hilary Coad joined Swansea Quilters Group over 25 years ago after a lifetime career in 'Soft Furnishings' and is one of the members that make these quilts.

At the Swansea NARPO October coffee morning Hilary brought along a few examples of the quilts for members to see close-up the intricate workmanship involved, making each quilt unique.

'Photo left of Hilary holding one of the beautiful quilts'

NEWSLETTER

If you have anything that would be informative or of interest that could be included in the newsletter, please send to Andrew or Carole Milne.

email: aamilne@hotmail.co.uk tel. 07903 084210, or email: carolemilne@hotmail.co.uk

QUIZ 'CAN YOU NAME THE CHRISTMAS SONG?'

THE FIRST LETTER OF EACH WORD IS GIVEN, IN THE CORRECT ORDER.

- | | | | | |
|-------------|------------|------------|------------|---------------|
| 1. SCICTT | 2. AIWFCIY | 3. IWICBCE | 4. RTRNR | 5. AIAM |
| 6. DDMOH | 7. THATI | 8. WWYAMC | 9. RATCT | 10. WSGSUTC |
| 11. WSWTFBN | 12. OCAYF | 13. OLTOB | 14. GKWLO | 15. WACIB |
| 16. ITBM | 17. DTKIC | 18. SNHN | 19. IDOAWC | 20. LISLISLIS |

SCAM AWARENESS

Scam Interceptors

Currently airing on BBC One at 2pm on weekdays, you can find full episodes and clips on BBC iPlayer. Well worth watching the many episodes.

All about a team hunting down the scammers plaguing our lives, using cutting edge technology to catch out the crooks, currently trying to catch us out on the phone and computer. It gives a real insight into how ruthless and how far these scammers will go to steal money from anyone even the most venerable.



"Thanks to Jeff Davies for posting the above on the Swansea NARPO website"

Jeff Davies also gives an example of what happened to his brother recently.

Last week, my brother was caught out when a message appeared on his Apple Mac Laptop, saying he had a virus and to phone a certain telephone number; **"which he did!"** It resulted in my brother having to scrap his hard drive, re-install the operating system, change landline and mobile telephone numbers, change bank account details and acquire a new email address.

I am posting this to make everyone aware how easy it is to become a victim of these scammers.

PLEASE BE EXTRA CAREFUL.

SWANSEA NARPO WELFARE INFORMATION

If you should have any concerns and need help or advice regarding ill health, bereavement or any welfare matters. Please contact Swansea NARPO secretary Phil Taylor.

Tel; 01792 842378. Mobile; 07961 914121. email; swansea@narpo.org

All communications and correspondence are dealt with in the strictest confidence.

Free Wills offer and 25% discount on Power of Attorney.

FREE WILLS

CALL TODAY

SWANSEA LEGAL SOLUTIONS LTD

Gareth R Milne 01792 420 844

Raymond Milne 07790 416 512

ARE YOU A NARPO MEMBER?
25% REDUCTION OFF
LASTING POWERS OF ATTORNEY

***WHAT TO EXPECT:**
 - BASIC WILL/MIRROR WILL
 - FREE WILL REVIEW
 - FREE ON SITE PARKING AND FREE HOME VISITS

Swansea Legal Solutions Ltd
 First Floor, 86 Gower Rd, Sketty, Swansea, SA2 9BZ.
 info@swansealegalsolutions.co.uk
 www.swansealegalsolutions.co.uk
 Find us on

Fully Insured
 *T&C's Apply

Retired Inspector 1490 Ray Milne is now assisting his son Gareth Milne at Swansea Legal Solutions Ltd.

Gareth and his team specialise in Wills, Lasting Powers of Attorney [‘LPA’s’], Probate, Property Trusts, Care Fee Planning, Tenants in Common.
PROTECTING FAMILY HOMES.

Please see Free Wills [basic] and an excellent 25% reduction in price for LPA’s, in advert alongside.

Any questions/queries or for an informal friendly chat simply give,

Ray or Gareth a call.

RAY: 07790 416 512

GARETH: 01792 420844

"Swansea Narpo do not promote or recommend any individual company and accept no responsibility for the quality and pricing offered with our advertisements. It is up to the individual to compare quality and pricing against other similar establishments."

BIRMINGHAM CHRISTMAS MARKET BUS TRIP

A great day out was had on the bus trip, Tuesday 2nd December to the Birmingham 'German Christmas Market'.

A great venue with the sun shining and blue skies, with plenty of Craft stalls, lots of food and drink to enjoy in a cheerful jolly atmosphere with the backdrop of the lovely city centre architecture and of course the huge selection of shops in the Bullring Shopping Centre.

'Such an enjoyable day for all to get into the Festive Spirit'



'A BIG Thanks to Gareth Heatley for organising a brilliant day out'

ANSWERS TO QUIZ

1. Santa Claus Is Coming To Town. 2. All I Want For Christmas Is You.
3. I Wish It Could Be Christmas Everyday. 4. Rudolf The Red Nose Reindeer.
5. Away In A Manger. 6. Ding Dong Merrily On High. 7. The Holly And The Ivy.
8. We Wish You A Merry Christmas. 9. Rocking Around The Christmas Tree.
10. When Santa Got Stuck Up The Chimney.
11. While Shepherds Watched Their Flock By Night. 12. Oh Come All Ye Faithful.
13. Oh Little Town Of Bethlehem. 14. Good King Wenceslas Looked Out.
15. When A Child Is Born. 16. In The Bleak Midwinter.
17. Do They Know Its Christmas. 18. Silent Night Holy Night.
19. I'm Dreaming Of A White Christmas. 20. Let It Snow, Let It Snow, Let It Snow.



---'A little Christmas card humour'---

BEST WISHES
FOR
CHRISTMAS
AND
THE NEW YEAR



SWANSEA NARPO WOULD LIKE TO THANK ALL THE MEMBERS FOR THEIR SUPPORT IN 2025 AND ARE LOOKING FORWARD TO YOUR SUPPORT AGAIN AND HOPEFULLY MEETING UP IN 2026.

