

University of St Andrews Covid-19 Research, received from Age Cymru.

We are looking for participants (age over 60) to take part in a PhD (doctoral-level) research project at the University of St. Andrews and we would be grateful if you could spread the word about this opportunity to older people.

What is this research about?

Many older people continue to suffer direct and indirect consequences of the covid-19 pandemic, whilst other older people have coped remarkably well. We aim to understand the factors responsible for these different outcomes through this research project.

What is involved?

During the study, we speak to participants age 60+ over the phone about their wellbeing, using established questionnaires.

Are there any benefits to taking part?

Every participant who takes part in the study is entered into our prize draw to win one of four **£50 Vouchers** (choice of Amazon or Marks and Spencer Voucher). In addition, people often report a sense of empowerment and purpose through taking part in scientific research.

Why is this research important?

This particular piece of research is important as it furthers our understanding of how the pandemic has impacted people over the age of 60. This understanding can be used to improve health outcomes for people over age 60 and improve health and social care provided by the government, the NHS and public sector.

What information do you provide?

We provide full details about the study including an information sheet which can be sent via post or email. After reading the information sheet, prospective participants can either choose to continue onto the study or not. Participants are also free to leave the study at any time.

We are deeply passionate about improving health outcomes for older people, therefore would be grateful if you could reach out to your network about the opportunity to take part in this important research.

If you have any thoughts or questions, please respond to this email, or you can contact me directly on: 07823 481 207.

Thank you very much for reading this far – do you know anyone who may want to be involved?

Kind regards,

Effie



University of
St Andrews

Effie Assan (She/Her/Hers)

PhD Researcher

University of St. Andrews

Email: eca7@st-andrews.ac.uk

Mobile: 07823 481 207



Currently conducting research! If you, or someone you know, is over the age of 60 and may be interested in taking part in clinical research please pass along my details (above) or [click here](#) to register interest and someone will be in touch soon with more information.